

FaithHealthNC helps ease the journey to health and healing for people and the communities in which they live by connecting the caring strengths of congregations, the clinical expertise of providers and a network of community resources.

## right door

Too often, we wind up at the health system's wrong door — the Emergency Room. FaithHealthNC helps us to learn more about ourselves and the care we need, from preventive steps to proper medications. In that way, we begin to find the right door, such as seeing a primary care doctor or other provider.



## right time

Fear, confusion and finances often conspire to have us seek medical help at the wrong time—too late. Through FaithHealthNC, we learn about education and preventive care, and how to recognize symptoms and issues so we seek help earlier, with a supportive team behind us.



## ready to be treated

Without support, we frequently wind up in a crisis mode, unable to anticipate what providers need from us or so anxious that we can't be treated. FaithHealthNC helps prepare us when we need medical help, everything from bringing medications to a facility to understanding financial options to being a calming presence.



## not alone

When we begin a journey of health by ourselves, we are probably anxious, isolated and distrusting. FaithHealthNC gives us a network to rely on, someone to be with us—compassionate, competent, connected—so our fears are eased and our journey more smooth.



### FaithHealthNC

Clergy or lay leaders of congregations, health care providers or community organizations wanting to learn more should email Rev. Chris Gambill, PhD, director of FaithHealthNC, at [cgambill@wakehealth.edu](mailto:cgambill@wakehealth.edu) or call 336-716-3027.

**"THIS IS ABOUT HELPING PATIENTS NAVIGATE A COMPLICATED SYSTEM TO FIND THE BEST POSSIBLE HEALTH CARE OR RESOURCES TO MEET THEIR NEEDS."**

Rev. Dr. Ray Howell, *Senior Minister*  
First Baptist Church, Lexington